

Aquatic Team Programming

Swim Teams

- Metro League Stingrays
@ Runway 35
May 15th-July 27th
- Summer Swim League (SSL)
@ Aviator, Jet Stream or Splash Landing
June 5th- July 27th
- Stingray Synchro Team
@ Jet Stream
May 30th- July 26th
- Stingray Dive Team
@ Jet Stream
May 30th- July 26th



Scan the QR code for pool fees, programming and all of the up-to-date aquatics information or visit our website at mca80238.com.



8351 E. Northfield Blvd
Denver, CO 80238

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303.388.0724

mca80238.com



Community Pools

- 1 **Aviator Pool** • 8054 E 28th Ave • 720.941.3414
- 2 **Puddle Jumper Pool** • 2401 Xenia St • 303.393.0018
- 3 **F-15 Pool** • 2831 Hanover St • 303.355.5078
- 4 **Jet Stream Pool** • 3574 Alton St • 303.296.0884
- 5 **Runway 35 Pool** • 8863 E 47th Ave • 303.371.8701
- 6 **Maverick Pool** • 8822 Beekman Pl • 303.373.4120
- 7 **Splash Landing Pool** • 9888 E 59th Pl • 303.576.6611

Water Features

- A **West Crescent Fountain** • E 29th Ave & Roslyn St
- B **Conservatory Green Plaza** • 49th & Valencia
- C **Buffalo Wallow** • 55th Place & Valencia Ct
- D **Beeler Park & Plaza** • 57th Ave & Beeler Park

MCA Front Desks

- * **The Cube** • 8371 E Northfield Blvd

The Greens

- Conservatory (North) Green** • 49th & Valencia
- Founders (South) Green** • 29th & Roslyn



SWIM LESSON SESSIONS

Weekdays

Monday-Thursday
25 minute lessons

Session 1: June 12-June 22

Session 2: June 26- July 7

Session 3: July 10- July 20

Weekend: Saturdays Aviator, F15, Maverick

25 minute lessons

Session 1: June 10-July 1

Session 2: July 8- July 29

Weekend: Sundays Jet Stream

25 minute lessons/ 50 minute lessons

Session 1: June 11- July 2

Session 2: July 9- July 30

PRIVATE LESSONS

Private instruction with highly-motivated, friendly instructors. Ideal for adults and children. Each session is 30 minutes and can be scheduled at any facility (if space is available). Private lesson forms will be available beginning June 1 online.



Party Pad Reservations

Come celebrate your birthday or special occasion by reserving one of our outdoor Party Pads conveniently located at each pool for optimum access and entertaining. Party Pads include premium reserved deck space and entry for up to 30 people.

Rentals are offered in 2 1/2 hour increments. Reserve online or in person at the MCA front desk starting May 1st.



Swim Lessons: 6 months to 3 years

Parent Tot

Infant: 6-24 months
One parent per child

Water Adjustment-This fun program introduces parents and baby to the water. Skills include water adjustment, leg action, exploring buoyancy on front and back, floating with support and rolling over.

Parent Tot II

Toddler: 24-36 months
One parent per child

Fundamentals- This fun program introduces parents and child to the basic fundamentals using games and songs. Skills learned include blowing bubbles, change of direction, floating on front and back (with support) leg and arm action, jumping in and rolling over.

Swim Lessons: 3 to 4 years

Preschool

3-4 years

Participants will be introduced to basic skills including-blowing bubbles, bobs, water adjustment, kicking, floating and turning over on their back. Class incorporates games, activities and water safety skills.

Preschool Advanced

3-4 years

For swimmers that are comfortable with their faces and ears in the water. Class includes stroke development, breath coordination, safety, swimming on front/back and deep water exploration.

Preschool Advanced II

3-4 years

For swimmers that are swimming independently without support. Skills taught include rhythmic breathing, front/back crawl, elementary backstroke, sit/kneel dives and changing directions (same skill set as Station 2).

Swim Lessons: 5+ years

Station 1

5+ years

Fundamental Aquatic Skills- Class is for swimmers new to the water. Introduces swimmers to the fundamental skills such as water entry/exit, opening eyes under water, floating, gliding and water safety.

Station 2

5+ years

Stroke Development- Class is for swimmers who can move through the water unassisted. Skills learned include bobbing, rhythmic breathing, front/back crawl, sit/kneel dives and changing directions.

Station 3

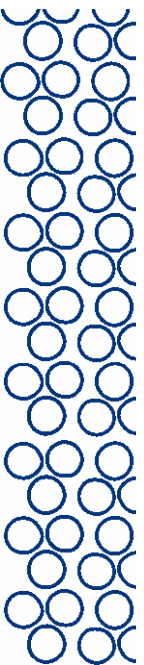
5+ years

Stroke Improvement- Class is for swimmers ready for deeper waters. Builds on previous skills, swimming underwater, breaststroke, elementary backstroke, side-stroke, butterfly, open turns, compact and stride jumps, surface dives and water safety.

Station 4/5

5+ years

Stroke Refinement/Fitness Swim- Designed for swimmers who can swim 25 yards/meters front, back and elementary back stroke. Skills learned will include butterfly, breaststroke, sidestroke, flip turns, treading water, swallow dives, including survival floating and water safety.



Admission Fees, Membership &

Guest Passes

Central Park pools are open to the public. Access to pools is available on a first-come, first-serve basis. Upon entry visitors must pay the daily entrance fee or present a valid Active Pass, or Guest Pass.

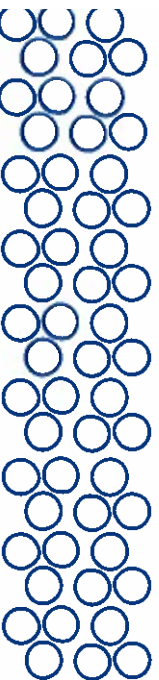
Daily Entrance Fees

Non Active Pass members	\$10
<i>Children under two years are FREE.</i>	
Annual Resident Membership Cards	\$40/person
Annual Resident Senior/Military/Income Qualified	\$20/person

Purchasing a Resident Active Pass

All Central Park residents, two years and older, may access the pools using their Active Pass. Annual Active Passes may be purchased online via a current ActiveNet account, or in person at the MCA office.

First-time requests must verify residency prior to purchase.



Members Only Guest Punch Pass

5-Punch Guest Pass	\$40
10-Punch Guest Pass	\$80
Unlimited Guest Pass	\$80

aquatics facilities

All outdoor pool facilities will be open for Memorial Day weekend and close for the season after Labor Day weekend.

Aviator Pool Hours

8054 E. 28th Avenue	720.941.3414
Open Swim Monday-Thursday 11am-6pm	Friday-Sunday 11am-7pm
Programming Monday-Thursday 6am-11am	Saturday 9am-11am

Jet Stream Pool Hours

3574 Alton Street	303.296.0884
Open Swim Monday-Thursday 11am-6pm	Friday-Sunday 11am-7pm
Programming Monday-Thursday 7am-11am	Sunday 9am-11am

Runway 35 Pool Hours

8863 E. 47th Avenue	303.371.8701
Open Swim Monday-Thursday 12pm-5:30pm	Friday-Sunday 12pm-7pm
Programming Monday-Thursday 6am-12pm 5:30pm-7:30pm	Saturday 6am-12pm

Splash Landing Hours

9888 E. 59th Place	303.576.6611
Open Swim Monday-Thursday 12pm-6pm	Friday-Sunday 12pm-7pm
Programming Monday-Thursday 7:30pm-11am	Saturday 9am-11am

* 11am-12pm daily, members early entry

Puddle Jumper Pool Hours

2401 Xenia Street	303.393.0018
Under Construction, Reopening TBD	

F-15 Pool Hours

2831 Hanover Street	303.355.5078
Open Swim Monday-Thursday 11am-7pm	Friday-Sunday 11am-7pm
* 10am-11am daily, members early entry	
Programming Monday-Thursday 9am-10am	Saturday 9am-10am

Maverick Pool Hours

8822 Beekman Place	303.373.4120
Open Swim Monday-Thursday 10am-6pm	Friday-Sunday 10am-7pm
Programming Monday-Thursday 9am-10am	Saturday 9am-10am

Sunset Swim (Members Only)

- Monday- Jet Stream Pool**
- Tuesday- F-15 Pool**
- Wednesday- Maverick Pool**
- Thursday- Aviator Pool & Splash Landing Pool**

Facilities will stay open later during June & July for members only. Check website for closing hours.

*Early entry at Splash Landing and F-15 available to Active Pass members